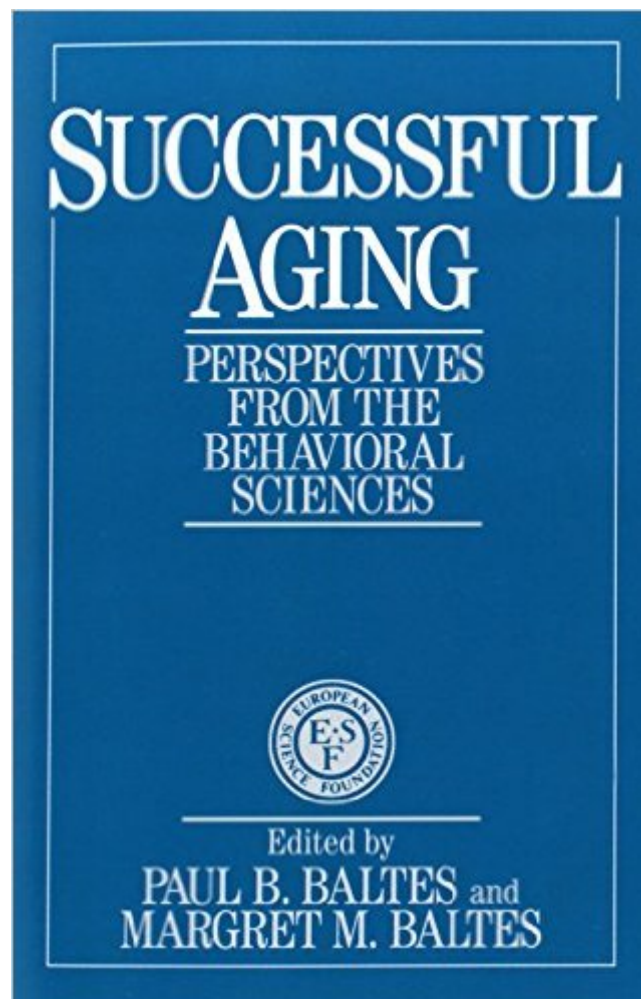


The book was found

Successful Aging: Perspectives From The Behavioral Sciences (European Network On Longitudinal Studies On Individual Development)



Synopsis

For a long time, research on developmental issues in the biological and social sciences has been primarily concerned with the early stages of the lifespan, such as infancy and adolescence. More and more researchers have recently turned their attention to the problems of development and aging in the later periods of life. This volume, based on papers presented by the European Network on Longitudinal Studies on Individual Development, deals with success in the aging process. From a medical or public health viewpoint, successful aging consists of optimizing life expectancy while at the same time minimizing physical, psychological, and social morbidity. Achievement of successful aging requires that the onset of infirmity, on average, increases more rapidly than average life expectancy, compressing morbidity into a shorter period. Current behavioral and social research shows physical plasticity in seniors, strong associations between lifestyle and health, increasingly healthy lifestyles on a national basis, and decreasing incidence of chronic disease.

Book Information

Series: European Network on Longitudinal Studies on Individual Development

Paperback: 416 pages

Publisher: Cambridge University Press (May 28, 1993)

Language: English

ISBN-10: 052143582X

ISBN-13: 978-0521435826

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #714,549 in Books (See Top 100 in Books) #378 inÂ Books > Politics & Social Sciences > Social Sciences > Gerontology #496 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Mental Health #1380 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Psychiatry

Customer Reviews

I'm a regular costumer but i dont want the hardcover version of successful aging. can't figure out how to get the paperback into the shopping basket.

[Download to continue reading...](#)

Successful Aging: Perspectives from the Behavioral Sciences (European Network on Longitudinal

Studies on Individual Development) Network Marketing Success Blueprint: Go Pro in Network Marketing: Build Your Team, Serve Others and Create the Life of Your Dreams (Network Marketing ... Scam Free Network Marketing) (Volume 1) New Perspectives on Microsoft PowerPoint 2010, Comprehensive (New Perspectives Series: Individual Office Applications) Psychoanalysis and the Human Sciences (European Perspectives: A Series in Social Thought and Cultural Criticism) Aging Backwards: Reverse the Aging Process and Look 10 Years Younger in 30 Minutes a Day Ending Aging: The Rejuvenation Breakthroughs That Could Reverse Human Aging in Our Lifetime Applied Longitudinal Analysis Network Marketing: Network Marketing Recruiting for Facebook: How to Find People to Talk to and What to Say When You Do (MLM Recruiting, Direct Sales, Network Marketing, Home Business) Network Marketing For Introverts: Guide To Success For The Shy Network Marketer (network marketing, multi level marketing, mlm, direct sales) Network Marketing : How To Recruit Prospect Step By Step From Newbies To Professional in network marketing: network marketing, multiple marketing, MLM, ... Step from Newbies to Professional Book 5) Network Marketing: Guide for a Successful Network Marketing Career The Expanded Family Life Cycle : Individual, Family, and Social Perspectives (Allyn and Bacon classics in education) The Expanded Family Life Cycle: Individual, Family, and Social Perspectives (4th Edition) Applied Multiple Regression/Correlation Analysis for the Behavioral Sciences, 3rd Edition McGraw-Hill Education 500 Review Questions for the MCAT: Behavioral Sciences Kaplan MCAT Behavioral Sciences Review: Book + Online (Kaplan Test Prep) MCAT Behavioral Sciences Review: Online + Book (Kaplan Test Prep) Essentials of Statistics for the Behavioral Sciences Big Data and Social Science: A Practical Guide to Methods and Tools (Chapman & Hall/CRC Statistics in the Social and Behavioral Sciences) The Aging Network: Programs and Services, Sixth Edition

[Dmca](#)